

# Nesso Café

## BREAKFAST PACKAGES

### Package 1

\$12 . 00 pp

- T oasted wholemeal sandwich w/ choice of **breakfast filling**
- H ouse- made mini fruit & nut muffin
- F resh juice (A pple/ orange)

### Package 2

\$14 . 00 pp

- M ini wholemeal breakfast roll w/ choice of **breakfast filling**
- S easonal fruit skewer
- F resh juice (A pple/ orange)

### Package 3

\$22 . 00 pp

- W holemeal wrap w/ grilled pumpkin, zucchini, eggplant, ricotta cheese & sun- dried tomatoes
- M ini wholemeal bagel w/ eye bacon, light cheese & avo
- S easonal fruit skewer
- F resh juice (A pple/ orange)

## Breakfast Fillings

- Eye bacon, free-range scrambled egg & light cheese
- Ham, light cheese & tomato
- Egg, tomato & light cheese
- Tomato, low-fat pesto & light cheese

## MORNING TEA PACKAGES

### Package 1

\$12 . 00 pp

- H ouse made wholemeal muffin
- S easonal fruit cup
- F resh juice (apple/ orange)

### Package 2

\$15 . 50 pp

- H ouse made wholemeal muffin
- S easonal fruit cup
- M ini fat free yogurt (berry/muesli)
- F resh juice (apple/ orange)

### Package 3

\$19 . 50 pp

- H ouse- made wholemeal vegetarian savoury muffin
- H ouse- made veg frittata
- M ini chia pudding (berry/ mango)
- S easonal fruit cup
- F resh juice (apple/ orange)

# Nesso Café

## AFTERNOON TEA PACKAGES

### Package 1

\$12 . 00 pp

House made wholemeal muffin

Mini fat free yogurt (berry/ mango)

Freshly brewed coffee & tea

### Package 2

\$15. 50 pp

- House made wholemeal muffin

Seasonal fruit cup

- Mini fat free yogurt (berry/muesli)

- Fresh juice (apple/ orange)

### Package 3

\$19 . 50 pp

- Soft shell spinach taco

- Mini chia pudding (berry/ mango)

- Seasonal fruit cup

Cheese & crudites

Coffee

## LUNCH PACKAGES

### Package 1

\$14 . 50 pp

- wholemeal/ multigrain/ light rye sandwich w/ choice of lunch filling

seasonal fruit cup

fresh juice/ mineral water

### Package 2

\$15 . 50 pp

- Mountain bread wrap w/ choice of lunch filling

- Seasonal fruit cup

- Fresh juice/ mineral water

### Package 3

\$18. 50 pp

- Mini baguette/ Mini bagel w/ choice of lunch filling

Seasonal Fruit cup

Fresh juice/ mineral water

## Lunch Fillings

- Oven steamed lemon pepper chicken breast
- Chunky tuna
- Baked falafel
- Oven-roasted Vegetables

## FINGER FOOD PACKAGE \$15 . 50 pp

- Tomato & basil bruschetta
- Baked wholemeal spinach & ricotta balls
- Lean beef Spanish meatball served w/ coriander & tomato salsa